



**Hosted By:**



**YOGAFACTORY**  
STUDIOD.C.



9am-9:50am - HIIT (High Intensity Interval Training)

10:30am-11:30am - Vinyasa Flow

12pm-1:00pm - Bikram

1:30pm-2:20pm - HIIT (High Intensity Interval Training)

3pm-4pm - Buti (Yoga Tribal Dance Fusion)

4:30pm-5:30pm - Vinyasa Flow

6pm-7pm - Restore Yin

**DISTRICT PIER AT THE WHARF**

Music by DJ Deesus

Snacks and refreshments provided by local restaurants!

410.533.1908 / [WWW.YOGAFACTORYDC.COM](http://WWW.YOGAFACTORYDC.COM) /  
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